



RYC® Teacher Training Sept. 2023 - Jan. 2024

(Scroll down to see the Method Training Schedule)

Live Zoom sessions 1.30 - 3.30p ET / 6.30 - 8.30p UK

Module 1 -

Live Orientation - September 5

September 11 - Live Module Overview + Movement Experience

September 18 - Live Clinic Session

Teaching Practice

September 25 - Live Q+A with Louisa

Module 2 -

October 9 - Live Module Overview + Movement Experience

October 16 - Live Clinic Session

Teaching Practice

October 23 - Live Q+A with Louisa

Module 3 -

November 6 - Live Module Overview + Movement Experience

November 13 - Live Clinic Session

Teaching Practice

November 20 - Live Q+A with Louisa

Module 4 -

December 4 - Live Module Overview + Movement Experience

December 11 - Live Clinic Session

Teaching Practice

December 18 - Live Q+A with Louisa

Module 5 -

January 8 - Live Module Overview + Movement Experience

January 15 - Live Q+A with Louisa

1-Day Intensive -

January 24 - (NB this is a Wednesday) 12.30p - 5.30p ET / 5.30 - 10.30p UK

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Module 4 -

December 4 - Live Module Overview + Movement Experience

December 11 - Live Clinic Session *

December 18 - Live Q+A with Louisa

Module 5 -

January 8 - Live Module Overview + Movement Experience

January 15 - Live Q+A with Louisa

* The Live Clinic Sessions are only one hour